



Position: Part Time Online Fitness Coach

Position type: Independent Contractor

Location: Home Based

Description:

Become part of a dynamic team environment in one of the fastest growing industries in the world. The Health and Fitness Provider Network (HFPN) is looking to fill key online coaching positions responsible for helping consumers reach their health, fitness and wellness goals. The Online Coach will educate, motivate and hold consumers accountable to their personal health and fitness goals through the use of phone and/ or email coaching sessions, design and delivery of online training programs, and implementation of online food-logging and calorie-tracking tools.

Duties and Responsibilities:

- Serve as a primary resource to all clients searching for online coaching and goal-specific needs
- Educate and train clients how to effectively utilize the HFPN platform to reach their health/wellness and fitness goals
- Design cardiorespiratory and resistance training programs based on client goals utilizing the HFPN coaching platform
- Conduct phone training and coaching sessions that meet client needs and keep them accountable to their program
- Deliver timely programs and phone calls following the HFPN guidelines
- Increase client knowledge and program participation through leveraging goal-relevant resources and collateral materials provided by HFPN
- Motivate and guide all active clients by conducting daily check-ins via phone and/or email
- Collaborate with HFPN leadership to identify processes, programs and techniques for maximizing client performance and results with online coaching
- Provide organized reports and detailed notes to HFPN on all coaching sessions
- Execute additional duties as required

Qualifications & Competencies:

- Bachelors Degree or higher
- A minimum of 1-2 years hands-on personal training experience
- NASM-CPT required
- HFPN Membership required
- Excellent writing and oral communication skills
- Excellent organization and time management skills
- Experience using the internet
- Passion for health and fitness

Proficiency using:

- Microsoft Office Suite, including Word and Excel
- Internet Explorer, Firefox and Google Chrome

Compensation:

- This is an independent contractor position; hourly pay based on experience level

Time Commitment:

- 8-12 hours per week

To apply: Please send resume and references to wendy.batts@hfpn.com